



Tactical Control Systems (TCS)
39 King Street, Hamilton
Bermuda, HM 19
Tel: (441) 292-5715
Email: bob@tcstraining.com
Web: www.tcstraining.com

Defensive Tactics Certification

For Security Professionals

“Helping You Keep Safety First”

Information Package



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Course Overview

This is a comprehensive course that will cover all of the requirements needed for certification. Although this training is sometimes overlooked by some agencies it is an essential component in the life of every man, women and child. Everyone uses defensive tactics at some level everyday of their lives but there are some, like security and law enforcement, who have a greater need for tactics that are structured on a far more sophisticated level and this course was specifically designed to fill that need. Participants will learn how to: be acutely aware of proper safety practices, conduct threat assessments, manage stress, understand the law as it applies to the use of force, know the value of effective communication, execute proper restraint & control techniques, defend against some common attacks and weapon survival tactics.

The course is a total of 30 hrs. and is broken down into 3 modules:

Module 1 – Restraint & Control

Module 2 – Personal Protection

Module 3 – Surviving Weapon Attacks

After the successful completion of each module and the passing of both a written and practical examination a certificate will be awarded.

This course is best suited for law enforcement, security professionals, correction officers, teachers, health care providers, those working in high risk environments and anyone who would like to know how to control potentially violent situations.



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Module 1: Restraint & Control

Course Profile

This is a 2 day course that will cover numerous tactics of restraint against a violent aggressor. Participants will also be taught de-escalation tactics and self-restraint as well. Getting involved physically is always a last resort and this is stressed throughout the course. But, if the need arises this course will ensure that you have the tools needed to safely manage the situation without injury to yourself or others.

Aim

To give participants:

- Information and skill necessary to conduct themselves in a professional manner when dealing with aggressive and potentially violent situations
- Knowledge of safe and ethical restraint and control tactics
- Exercises and drills to increase their confidence effectiveness

Objectives

Participants will learn how to safely manage violence and physical aggression while using the absolute minimum of force. They will be able to use proven tactics that are ethical, dignified and liability conscious. Learners will also gain a deeper understanding of why physical tactics are an absolute last resort.



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Module 1: Restraint & Control

Course Profile Continued:

Course Contents

- The law and the use of force
- Threat assessment
- Principles of defense
- Rules of engagement
- Pre-determined responses
- Passive vs. active restraint
- Escorting intoxicated subjects
- Restraint techniques
- Negotiating stairs
- Two person team drills
- Third party intervention
- Scenario based drills under stress
- Incident reports

Certification

After the successful completion of a written examination and a visual assessment by the instructor, participants will be issued the module 1 certificate for restraint and control. Certificates will be valid for 12 months, after which a 1 day refresher course will be required.



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Module 2: Personal Protection

Course Profile

This is a 2 day course for those who have successfully completed module 1 and will cover basic self-defense against some of the most common forms of physical violence. This will include defense against strikes, escape from holds and ground survival.

Aim

To give participants:

- The communication and awareness skills needed to defend themselves
- The physical tactics necessary to defend themselves against an assault
- Exercises and drills to increase their confidence and effectiveness during the adrenaline rush of confrontational situations

Objectives

To ensure that learners have a full understanding of threat levels, awareness and the law as it applies to self-defense. Participants will learn how to effectively defend against the physical assault of a violent aggressor while keeping their response both reasonable and justifiable.



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Module 2: Personal Protection

Course Profile Continued:

Course Contents

- Review of the law and the use of force
- The AOJP principal
- Situational awareness
- Review principles of defense – A.C.C.E.S.S , O.O.D.A. etc.
- Pre-contact strategy & cues
- Review of pre-determined responses
- Movement & positioning
- Psychological tactics
- Physical techniques
- Adrenaline stress training drills
- Calling the police & review of incident reports

Certification

After the successful completion of a written examination and a visual assessment by the instructor, participants will be issued the module 2 certificate for personal protection. Certificates will be valid for 12 months, after which a 1 day refresher course will be required.



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Module 3: Surviving Weapon Attacks

Course Profile

This 2 day course is for those who have successfully completed modules 1 & 2 and provides advanced training in the most effective ways to survive situations where someone attacks with a weapon. Weapon defenses will include tactics against knives, guns and blunt objects.

Aim

To give participants:

- The ability to identify specific weapons
- An understanding of the ACDC principle
- The ability to apply appropriate defense methods against someone using a knife, gun or blunt object
- Exercises and drills to increase confidence and effectiveness during the adrenaline rush of a weapon attack

Objectives

To ensure that learners have a full understanding of dangers involved when a weapon is produced. To teach participants how to effectively respond to threats and assaults with deadly weapons.



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Module 3: Surviving Weapon Attacks

Course Profile Continued:

Course Contents

- Review of the law and the use of force
- Weapon concealment strategies
- Weapon identification
- Weapon survival tactics
- Movement & positioning
- Weapon disarms
- Adrenaline stress training drills
- Review of incident reports

Certification

After the successful completion of a written examination and a visual assessment by the instructor, participants will be issued the module 3 certificate for surviving weapon attacks as well as their “Defensive Tactics Certification”. Certificates will be valid for 12 months, after which a 1 day refresher course will be required.



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Bob Smith

All courses will be taught by Bob Smith.

Bob Smith founded TCS back in 2001 after being appointed Deputy Provost Marshal General & Head Bailiff for the courts of Bermuda. He quickly realized the need for his officers to be able to effectively deal with the inherent dangers they faced on a daily basis and having taught martial arts in Bermuda since 1980 he knew exactly what needed to be done. Defensive tactics was soon to be required training for all bailiffs. He knew that whatever was taught had to be uncomplicated, easy to learn, proven effective and could be learned in a short period of time. Hence, TCS is a result of his over 30 years of training, in depth research into numerous martial arts and reality based self-defense systems along with the invaluable personal experience / lessons learned from executing hundreds of arrest and dealing with unknown numbers of threats of physical violence.

Smith is now the chief instructor at his own academy and teaches on a full time basis. He is currently a 6th degree black belt and chief instructor in Bermuda for the International Okinawan Goju-Ryu Karate-Do Federation. He is the Chief Instructor of Iaido (Japanese Sword) for the US Budo Kai Kan and Matayoshi Kobudo . (Okinawan weapons)

Smith has been inducted into both the USA Martial Arts Hall of Fame and the Action Martial Arts Magazine Hall of Fame. He is the former Bermuda director and chief instructor of Commando Krav Maga (an Israeli Special Forces System) and a former Tactical Master Instructor of CDT, a non-deadly force training system.

Over the years he has trained numerous security professionals, law enforcement officers, the regiment police and countless members of the public.

He has worked as a Bouncer, Corrections Officer and Deputy Provost Marshal General / Head Bailiff. He is also the author of the soon to be published book **“Safety First” The Ultimate Guide to Personal Protection**. Hence he brings real world experience to the subject of personal safety.



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Testimonials

“I have absolutely no hesitation in recommending Bob Smith & his TCS course to anyone interested in developing their ability to protect themselves. This training is an invaluable asset to any individual, particularly in today’s world & I can think of no better instructor than Bob Smith to deliver it.”

Lt. Col. E.J. Lamb
Commanding Officer
Bermuda Regiment

“Safeguard International Security Ltd, was grateful to Bob Smith and his team for their expertise in training our security officers on defense tactics. The training that they offer is the best on the island and we at Safeguard would encourage all security firms to have their officers trained at this level of service.”

Carlton C. Crockwell Sr.
CEO
Safeguard International Security Ltd.

“Bob Smith and his assistant did an excellent job conducting the training for the Regiment Police. The Training was realistic and very practical. All have enjoyed it and are benefiting from its contents not only by utilizing what they learned to accomplish their tasks in the Regiment but in their everyday life. I would recommend this training to all who so desire.”

Errol McKenzie
Regimental Sergeant Major- Bermuda Regiment